

# Comparison of Insulinotropic Actions of Nateglinide With Glibenclamide Dissociated From Absorption in Conscious Dogs

M. Okamoto, N. Ogiwara, W. Kawamura, S. Ebihara, K. Takiguchi, T. Morita, R. Uchida, J. Yamaguchi, T. Sakai, Y. Okuda, Y. Hayashi, Y. Arakawa, and M. Kikuchi

Nateglinide is more rapidly absorbed than glibenclamide. Therefore, the different absorption kinetics of both drugs were eliminated by intraportal administration in conscious fasted dogs. The plasma insulin profiles were compared under similar kinetic changes in plasma drug concentrations. After a priming dose of nateglinide (1 mg/kg · 5 min) or glibenclamide (40  $\mu$ g/kg · 5 min), plasma drug concentrations reached a peak at 4 minutes (nateglinide,  $80 \pm 5$   $\mu$ mol/L,  $n = 6$  and glibenclamide,  $263 \pm 60$  nmol/L,  $n = 6$ ) followed by a sustained level at approximately 30% of the peak concentration at 30 minutes. Nateglinide led to a rapid and constant reduction in arterial glucose of approximately 30% basal, while glibenclamide promoted a gradual decrease to approximately 50% basal at 120 minutes. An increase in plasma insulin level by nateglinide of 4 times basal ( $218 \pm 58$  pmol/L  $v$   $47 \pm 3$  pmol/L,  $P < .05$ ,  $n = 6$ ) occurred at 6 to 10 minutes followed by sustained release of 1.4 times basal ( $67 \pm 15$  pmol/L,  $n = 6$ ). The insulin surge was more than doubled ( $484 \pm 209$  pmol/L,  $n = 6$ ) under a euglycemic clamp. Insulin release by glibenclamide increased gradually reaching 10-fold basal ( $449 \pm 166$  pmol/L,  $n = 6$ ) at 60 minutes. This was not enhanced during a euglycemic clamp. Lowering the primed doses of nateglinide resulted in a diminished peak plasma insulin concentration. In contrast, glibenclamide caused only a slower increase, but eventually reaching a similar peak. By increasing the continuous infusion of nateglinide, the sustained insulin release was not altered. Glibenclamide, but not nateglinide, evoked prompt and sustained insulin release in the continuing presence of the other. These results are consistent with the concept that nateglinide produces a quick, but very short-lived, interaction with sulfonylurea (SU)-receptors on plasma membrane by free access of the drug from the cell exterior. In contrast, glibenclamide promotes a slow and longer interaction with the receptor by distribution of the drug into the cell interior. We conclude, therefore, that not only the different kinetics of gastrointestinal (GI) absorption, but also the inherent difference in the interaction with  $\beta$  cells is attributed to the different insulin release characteristics between nateglinide and glibenclamide *in vivo*.

Copyright 2002, Elsevier Science (USA). All rights reserved.

A NOVEL ORAL hypoglycemic agent, nateglinide, is an acyl-derivative of D-phenylalanine, N-[trans-4-isopropyl-cyclohexy-carbonyl]-D-phenylalanine, structurally distinct of sulfonylureas.<sup>1,2</sup> Nateglinide binds to the glibenclamide-binding sites on plasma membranes of HIT-15, RIN-m5F, and HEK-293 cells<sup>3-6</sup> and rapidly blocks potassium adenosine triphosphate ( $K_{ATP}$ )-channel activity like glibenclamide,<sup>7</sup> which results in the opening of voltage-dependent  $Ca^{++}$  channels,<sup>8,9</sup> eventually leading to insulin release in rat pancreatic  $\beta$  cells<sup>4,9</sup> or HIT-15 cells.<sup>5,10</sup> Nevertheless, there is considerable dissimilarity to keep the pharmacokinetics and mode of action in parallel between the drugs. Nateglinide is more rapidly absorbed into and quickly excreted from blood than glibenclamide.<sup>11,12</sup> Nateglinide is restricted to the outer surface of the plasma membrane,<sup>13</sup> whereas glibenclamide is internalized by the pancreatic  $\beta$  cells.<sup>14-17</sup> Furthermore, nateglinide immediately dissociates from sulfonylurea (SU)-receptors, whereas glibenclamide slowly releases the binding.<sup>6</sup> Nateglinide evokes a more rapid and shorter-lasting insulin release than glibenclamide after oral administration in rats, dogs, and humans.<sup>5,11,12</sup> It appears that there are approximate symmetrical relationships with either drug between plasma glucose and either plasma drug or insulin profile.<sup>5</sup> However, it remains unclear whether the different insulin release profile is due primarily to the different absorption kinetics. Therefore, in this study, we eliminated the different gastrointestinal (GI) kinetics of absorption by using a primed continuous administration of each drug into the portal vein in fasted conscious dogs. The insulin release profiles for the 2 compounds were compared with or without euglycemic clamp to address whether the interaction of the drugs with  $\beta$  cells is the same *in vivo* under similar kinetic changes in the plasma drug level.

## MATERIALS AND METHODS

### Animals

Experiments were performed in conscious beagles (7 to 12 kg) of either sex normally fed daily a commercial pellet of meat and chow (Labo D standard meat; Nosan Co, Yokohama, Japan, 24% protein, 66.5% carbohydrate, 8.4% fat, and 1.1% fiber based on dry weight) once daily. The dogs were fasted for 18 hours. The protocols were approved by the Institute Animal Care Committee.

### Surgical Procedures

Two weeks before each experiment, a laparotomy was performed in beagles under general anesthesia (35 mg/kg pentobarbital sodium), and polyethylen catheters (Nipro Co, Osaka, Japan) were inserted into a mesenteric vein, the portal vein, and a femoral artery. The mesenteric catheter used for blood sampling was inserted via the superior mesenteric vein, and the tip was placed at the point at which the vessel enters the liver. The tip of the other mesenteric catheter, which was used for glucose infusion into the portal vein, was placed approximately 4 cm downstream from the root of the superior mesenteric vein. The femoral

---

From the Department of Endocrinology and Metabolism, Institute for Adult Diseases, Asahi Life Foundation, Tokyo; and the Third Department of Internal Medicine, School of Medicine, Nihon University, Tokyo, Japan.

Submitted April 26, 2001; accepted November 26, 2001.

Address reprint requests to M. Kikuchi, MD, Department of Endocrinology and Metabolism, Institute for Adult Diseases, Asahi Life Foundation, 1-9-14, Nishishinjuku, Shinjuku-ku, Tokyo, 160-0023, Japan.

Copyright 2002, Elsevier Science (USA). All rights reserved.

0026-0495/02/5105-0008\$35.00/0

doi:10.1053/meta.2002.31981

catheter for blood sampling was inserted into the left femoral artery through an incision made in the left inguinal region. After those processes had been performed, they were filled with saline containing heparin (50 U/mL, Novo-Nordisk Pharma, Copenhagen, Denmark). The free end of the catheters was exteriorized 5 to 10 cm below the base of the skull. Two weeks after surgery, blood was drawn to determine leukocyte count, hematocrit, and liver enzyme activities. Only dogs with a good appetite and a normal blood count and liver enzymes were used in the study. On the day of the experiment, contents of each catheter were aspirated, and the catheters were flushed with saline. Each dog rested quietly in a Pavlov harness for the duration of the study.

### Experimental Design

**Study 1: Primed administration of nateglinide or glibenclamide in the fasting state.** Animals were randomly assigned to the following 4 groups. In group 1, 1 mg/kg of nateglinide was infused (at time 0) into the portal vein over 5 minutes during continuous fast. In group 2, after nateglinide was infused as in group 1, plasma glucose levels were maintained at basal levels by infusing glucose via a cephalic vein using an artificial pancreas (Model STG-22, Nikkiso Co, Tokyo, Japan). In group 3, 40  $\mu$ g/kg of glibenclamide was administered and otherwise was the same as group 1. In group 4, glibenclamide was infused as in group 3 under euglycemic conditions. Blood samples were drawn simultaneously from a femoral artery and the portal vein every 10 minutes during the basal period, every 2 minutes during the first 10 minutes, every 10 minutes during the 10- to 30-minute period, and finally every 15 minutes during the remainder of the experimental period. The total volume of blood drawn did not exceed 15% of the total blood volume for any of the animals, because 2 vol of saline was replaced for each volume of blood drawn.

**Study 2: Primed-continuous administration of either nateglinide or glibenclamide.** Animals were randomly assigned to 1 of 2 groups. In group 1, a primed (350  $\mu$ g/kg  $\cdot$  5 min) continuous (2  $\mu$ g/kg  $\cdot$  min or 10  $\mu$ g/kg  $\cdot$  min) infusion of nateglinide was performed over 180 minutes under euglycemic conditions using an artificial pancreas, and glibenclamide (40  $\mu$ g/kg  $\cdot$  5 min) was added at 90 minutes. In group 2, during a primed (15  $\mu$ g/kg  $\cdot$  5 min) continuous (85 ng/kg  $\cdot$  min) infusion of glibenclamide over 180 minutes, nateglinide (1 mg/kg  $\cdot$  5 min) was coadministered at 90 minutes. Blood samples were drawn between 0 and 90 minutes, as well as between 90 and 180 minutes at the same intervals of study 1.

### Analytical Procedure

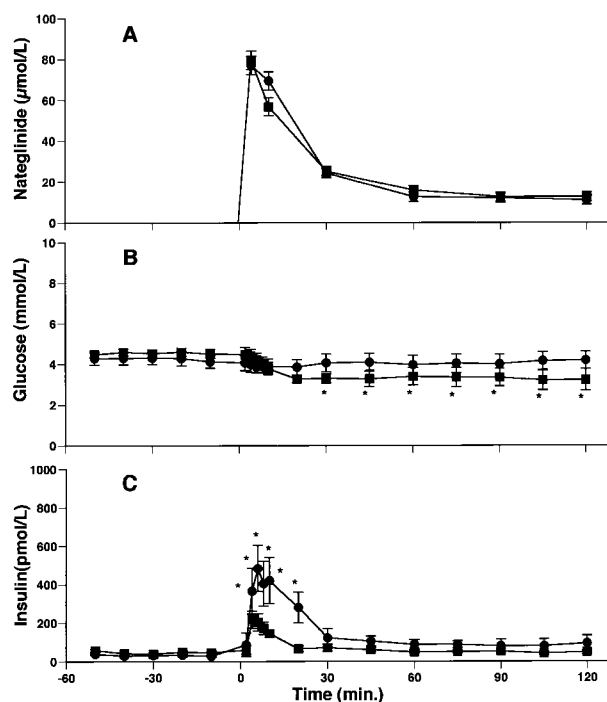
Plasma glucose concentration was determined by the glucose oxidase method using a Beckman glucose analyzer (Fullerton, CA). Immunoreactive insulin was measured by the Phadeseph Insulin Test (Pharmacia Diagnostics, Uppsala, Sweden). Serum concentration of nateglinide or glibenclamide was measured by high-performance liquid chromatography (HPLC).<sup>18,19</sup> The areas under the curves (AUCs) of plasma concentrations of glucose, insulin, and nateglinide were determined using the trapezoidal method.

### Chemicals

Nateglinide was obtained from Ajinomoto Co, Ltd (Tokyo, Japan). Glibenclamide was obtained from Aventis Pharma Co, Ltd. (Tokyo, Japan).

### Statistical Analysis

Data are reported as the mean  $\pm$  SE. Statistical analyses were performed using Student's *t* test for normally distributed data and the Mann-Whitney 2-sample rank test for non-normally distributed data. A value of *P* < .05 was considered to be statistically significant.



**Fig 1.** Changes in plasma nateglinide (A), glucose (B), and insulin (C) concentrations in a femoral artery after primed administration of nateglinide (1 mg/kg  $\cdot$  5 min) into the portal vein at time 0 with (●) and without (■) euglycemic clamp. Results are expressed as means  $\pm$  SE for 6 dogs. \**P* < .05; significant difference with and without clamp.

## RESULTS

### Study 1

#### Primed administration of nateglinide or glibenclamide.

Figure 1 shows changes in plasma nateglinide, glucose, and insulin concentrations in a femoral artery before and during the 120-minute period after intraportal infusion of 1 mg/kg of nateglinide over 5 minutes with and without euglycemic clamp. In fasted dogs, the plasma nateglinide concentration reached the maximum plasma concentration of  $80 \pm 5$   $\mu$ mol/L (*n* = 6) at 4 minutes followed by a rapid decline to 31% the maximal values ( $24 \pm 2$   $\mu$ mol/L) at 30 minutes. Thereafter, it decreased gradually to the lowest level of 15% of the peak concentration at 120 minutes (Fig 1A). The plasma glucose concentration began to decrease at 4 minutes from the baseline of  $4.5 \pm 0.1$  mmol/L and reached the nadir of  $3.3 \pm 0.2$  mmol/L (71% basal) by 20 minutes and maintained this level during the remainder of the experiment (Fig 1B). The mean AUC<sub>(0-120 minutes)</sub> of plasma glucose concentration decreased by 25% ( $67 \pm 12$  mmol/L  $\cdot$  h). The plasma insulin concentration increased from the baseline to the peak value at 4 minutes of approximately 5 times basal ( $218 \pm 58$  pmol/L, *P* < .05 *v*  $47 \pm 3$  pmol/L) and rapidly declined at 20 minutes to the constant level of 1.4 times basal ( $67 \pm 15$  pmol/L) (Fig 1C). The mean early plasma insulin AUC<sub>(0-30 minutes)</sub> was approximately 6-fold higher than for the 30- to 120-minute period ( $3,695 \pm 806$  *v*  $632 \pm 288$  pmol/L  $\cdot$  h, *P* < .05).

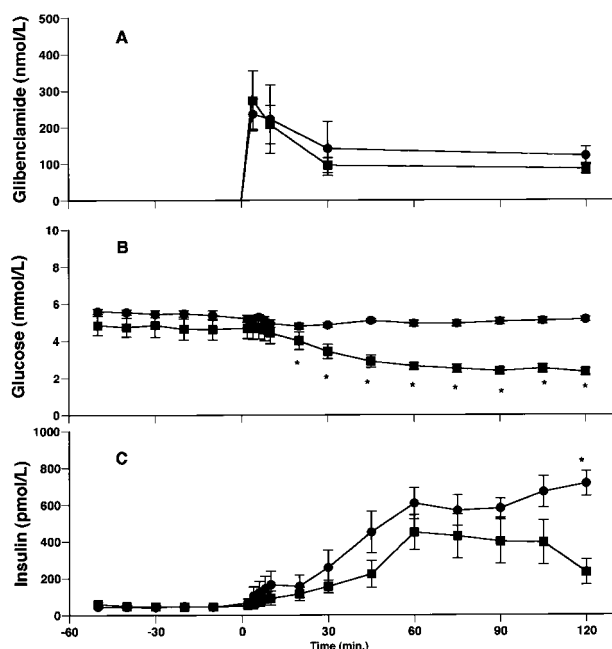


Fig 2. Changes in plasma glibenclamide (A), glucose (B), and insulin (C) concentrations in a femoral artery after primed administration of glibenclamide ( $40 \mu\text{g}/\text{kg} \cdot 5 \text{ min}$ ) into the portal vein at time with (●) and without (■) euglycemic clamp. Results are expressed as means  $\pm$  SE for 6 dogs. \* $P < .05$ ; significant difference with and without clamp.

When the decrease in plasma glucose levels after the priming of nateglinide was interrupted by the infusion of glucose, the plasma glucose levels did not alter from the baseline over 120 minutes (Fig 1B). The mean value of plasma glucose over 120 minutes was  $4.0 \pm 0.1 \text{ mmol/L}$  ( $n = 6$ ) with a coefficient of variation (CV) of 4.9%. The plasma nateglinide profile was identical to that in fasting (Fig 1A). The plasma insulin level increased immediately to a peak at 6 minutes of approximately 15 times basal ( $484 \pm 209 \text{ pmol/L}$  v  $32 \pm 2 \text{ pmol/L}$ ,  $P < .05$ ) and decreased to sustained levels of 2.6 times basal at 30 minutes (Fig 1C). The peak and sustained levels of plasma insulin were 2.2 times and 1.2 times higher in the euglycemic state, respectively. The early plasma insulin  $\text{AUC}_{(0-30 \text{ minutes})}$  increased approximately 10 times compared with the 30- to 120-minute period ( $13,912 \pm 6,517$  v  $1,348 \pm 729 \text{ pmol/L} \cdot \text{h}$ ,  $P < .05$ ). Only the mean  $\text{AUC}_{(0-30 \text{ minutes})}$  was approximately 4-fold higher in the euglycemic clamp period ( $P < .05$ ).

Figure 2 shows the plasma glibenclamide, glucose, and insulin profiles before and after primed administration of  $40 \mu\text{g}/\text{kg}$  of glibenclamide over 5 minutes with and without euglycemic clamp. As shown in Fig 2A, the plasma glibenclamide concentration began to increase immediately and reached the maximum concentration at 4 minutes of  $263 \pm 60 \text{ nmol/L}$  ( $n = 6$ ). It declined to 78% of maximum ( $208 \pm 53 \text{ nmol/L}$ ) at 10 minutes and 37% of maximum ( $96 \pm 20 \text{ nmol/L}$ ) at 30 minutes without further changes. The plasma glucose concentration continued to decrease gradually from the baseline of  $4.7 \pm 0.2 \text{ mmol/L}$  to a nadir of  $2.3 \pm 0.2 \text{ mmol/L}$  (49% basal) at the end of the experiment (Fig 2B). The mean

$\text{AUC}_{(0-120 \text{ minutes})}$  of plasma glucose concentration decreased by 36% ( $103 \pm 22 \text{ mmol/L} \cdot \text{h}$ ). The decrease was 35% greater than that seen with nateglinide ( $P < .05$ ). The plasma insulin concentration increased gradually to a peak of 10 times basal ( $449 \pm 166 \text{ pmol/L}$  v  $49 \pm 4 \text{ pmol/L}$ ,  $P < .05$ ) at 60 minutes and decreased slightly thereafter (Fig 2C). The  $\text{AUC}_{(0-30 \text{ minutes})}$  of early plasma insulin response to glibenclamide was approximately 16% of the following  $\text{AUC}_{(30-120 \text{ minutes})}$  ( $3,170 \pm 1,547$  v  $17,921 \pm 6,766 \text{ pmol/L} \cdot \text{h}$ ,  $P < .05$ ).

During the euglycemic clamp study, the plasma glucose level did not change from the baseline after glibenclamide administration (CV, 4.9%) (Fig 2B). The plasma glibenclamide level was similar to that without the clamp (maximum,  $236 \pm 41 \text{ nmol/L}$ ; 30 minutes,  $141 \pm 74.4 \text{ nmol/L}$ ,  $n = 6$ ) (Fig 2A). The plasma insulin level increased gradually to nearly saturating levels at 60 minutes of 14 times basal ( $606 \pm 127$  v  $44 \pm 42 \text{ pmol/L}$ ,  $P < .05$ ) (Fig 3C). There was no significant difference with or without the euglycemic clamp in plasma insulin levels at all time points except at 120 minutes ( $P < .05$ ). The mean  $\text{AUC}_{(0-120 \text{ minutes})}$  of the plasma insulin level was not different compared either with or without the euglycemic clamp ( $14,234 \pm 5,053$  v  $24,640 \pm 3,271 \text{ pmol/L} \cdot \text{h}$ ,  $P = \text{not significant [NS]}$ ).

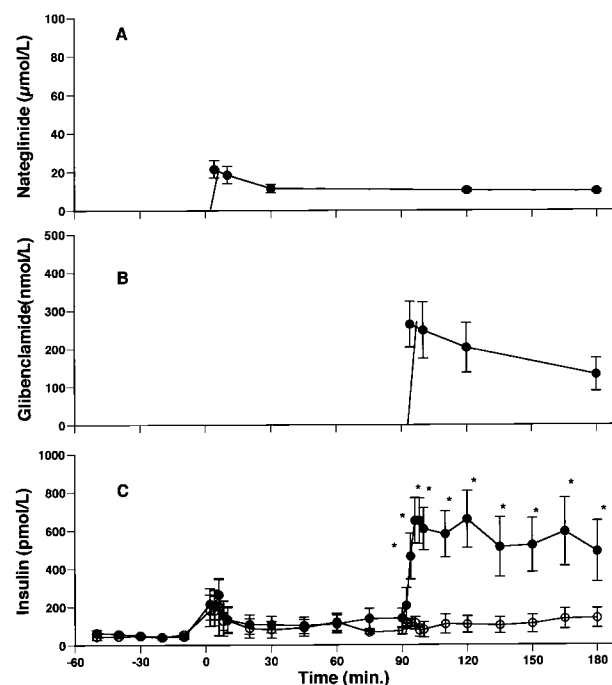


Fig 3. Changes in plasma nateglinide (A), glibenclamide (B), and insulin (C) concentrations during primed ( $350 \mu\text{g}/\text{kg} \cdot 5 \text{ min}$ ) continuous ( $2 \mu\text{g}/\text{kg} \cdot \text{min}$ ) infusion of nateglinide over 90 minutes from time 0 followed by combined primed administration of glibenclamide ( $40 \mu\text{g}/\text{kg} \cdot 5 \text{ min}$ ) with nateglinide from 90 to 180 minutes. Combined primed administration of glibenclamide (●), control (primed continuous administration of nateglinide alone) (○). Results are expressed as means  $\pm$  SE for 6 dogs. Significant difference v control values; \* $P < .05$ .

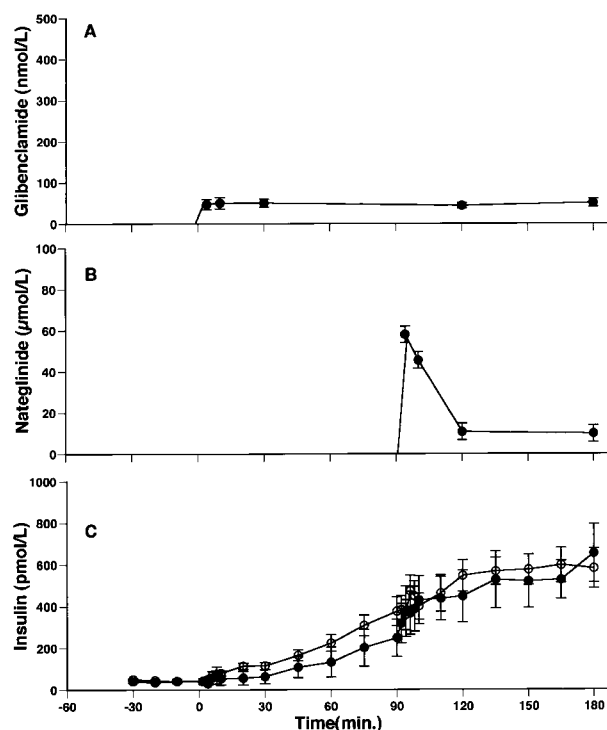
## Study 2

**Primed continuous administration of nateglinide or glibenclamide.** Figure 3 shows plasma nateglinide, glibenclamide, and insulin profiles during primed ( $350 \mu\text{g/kg} \cdot 5 \text{ min}$ ) continuous ( $2 \mu\text{g/kg} \cdot \text{min}$ ) infusion of nateglinide over 180 minutes with and without the addition of glibenclamide ( $40 \mu\text{g/kg} \cdot 5 \text{ min}$ ) at 90 minutes under euglycemic clamp conditions. The basal plasma glucose level did not change significantly (CV, 4.9%). The plasma nateglinide concentration reached a maximum of  $22 \pm 5 \mu\text{mol/L}$  ( $n = 6$ ) at 4 minutes followed by a decrease to a plateau of  $12 \pm 2 \mu\text{mol/L}$  at 30 minutes (Fig 3A). The peak and sustained levels of the drug were lowered by approximately 70% and 20% compared with the primed administration of  $1 \text{ mg/kg}$  under the euglycemic state (peak value,  $77 \pm 2 \text{ pmol/L}$ ; mean values<sub>30-120 minutes</sub>:  $15 \pm 1 \text{ pmol/L}$ ). The plasma insulin level increased to a peak of approximately 5 times basal ( $263 \pm 150$  v  $50 \pm 4 \text{ pmol/L}$ ) at 6 minutes, returning rapidly to the sustained level of 2.2 times basal ( $108 \pm 50 \text{ pmol/L}$ ) at 20 minutes (Fig 3C). The peak concentration was about half compared with  $1 \text{ mg/kg}$  of nateglinide administration during the euglycemic state ( $484 \pm 209 \text{ pmol/L}$ ,  $P < .05$ ), but the following sustained concentration was comparable (mean<sub>30-120 minutes</sub>:  $119 \pm 18$  v  $97 \pm 12 \text{ pmol/L}$ ,  $P = \text{NS}$ ).

At 94 minutes, 4 minutes after the addition of glibenclamide, the plasma drug level reached a peak of  $294 \pm 93 \text{ nmol/L}$  with a very slow decrease to 45% of the peak value ( $132 \pm 43 \text{ nmol/L}$ ) at 180 minutes (Fig 3B). The plasma insulin level started to increase further at 94 minutes and attained at 96 minutes the maximum of 4.7 times the predose value at 90 minutes ( $651 \pm 223 \text{ pmol/L}$  v 90 minutes;  $139 \pm 50 \text{ pmol/L}$ ,  $P < .05$ ) and leveled off thereafter (Fig 3C).

In a separate experiment, the continuous administration of nateglinide was increased 5 times ( $10 \mu\text{g/kg} \cdot \text{min}$ ) without change of the primed dose ( $350 \mu\text{g/kg} \cdot 5 \text{ min}$ ) to keep the plasma concentration of nateglinide high enough. The insulin release augmented no more than that seen with control (nateglinide:  $2 \mu\text{g/kg} \cdot \text{min}$ ) (maximum,  $263 \pm 150$  v  $200 \pm 150 \text{ pmol/L}$ ,  $P = \text{NS}$ ; mean value<sub>30-90 minutes</sub>:  $132 \pm 18$  v  $119 \pm 18 \text{ pmol/L}$ ,  $P = \text{NS}$ ,  $n = 5$ ). Upon addition of glibenclamide, the plasma insulin level started to increase further at 94 minutes and almost reached the peak at 96 minutes of about half of the control values (nateglinide,  $10 \mu\text{g/kg} \cdot \text{min}$ :  $348 \pm 72$  v  $2 \mu\text{g/kg} \cdot \text{min}$ :  $651 \pm 223 \text{ pmol/L}$ ,  $P < .05$ ).

Figure 4 shows plasma glibenclamide, nateglinide, and insulin profiles during primed ( $15 \mu\text{g/kg} \cdot 5 \text{ min}$ ) and continuous ( $85 \text{ ng/kg} \cdot \text{min}$ ) administration of glibenclamide over 180 minutes with or without the addition of nateglinide ( $1 \text{ mg/kg} \cdot 5 \text{ min}$ ) at 90 minutes under euglycemic clamp conditions. The plasma glucose level did not alter significantly from the baseline of  $5.6 \pm 0.3 \text{ mmol/L}$  throughout the experimental period (CV, 4.9%). The plasma glibenclamide level was maximal at 4 minutes of  $47 \pm 12 \text{ nmol/L}$  ( $n = 6$ ) without alteration thereafter (Fig 4A), which corresponded to approximately 20% of the peak value and 31% of the sustained level achieved by  $40 \mu\text{g/kg}$  of glibenclamide. Without nateglinide, the plasma insulin level increased to  $224 \pm 40 \text{ pmol/L}$  at 60 minutes and reached a saturating level of  $548 \pm 75 \text{ pmol/L}$  at 120 minutes



**Fig 4.** Changes in plasma glibenclamide (A), nateglinide (B), and insulin (C) concentrations during primed ( $15 \mu\text{g/kg} \cdot 5 \text{ min}$ ) continuous ( $85 \text{ ng/kg} \cdot \text{min}$ ) infusion of glibenclamide over 90 minutes from time 0 followed by combined primed administration of nateglinide ( $1 \text{ mg/kg} \cdot 5 \text{ min}$ ) with nateglinide from 90 to 180 minutes. Combined primed administration of nateglinide (●), control (primed continuous administration of glibenclamide alone) (○). Results are expressed as means  $\pm$  SE for 6 dogs. Significant difference v control values.

(Fig 4C). The 60-minute value corresponded to about one third of the peak level, and the 120-minute value corresponded to the peak level achieved at 60 minutes by the primed administration of  $40 \mu\text{g/kg}$  glibenclamide ( $607 \pm 85 \text{ pmol/L}$ ). After the addition of nateglinide (at 90 minutes), the plasma nateglinide concentration attained a peak level at 94 minutes of  $58 \pm 2 \mu\text{mol/L}$  and linearly decreased to the equilibrating levels of  $10 \pm 1 \mu\text{mol/L}$  by 120 minutes (Fig 4B). However, there was no difference in the plasma insulin level with or without the addition of nateglinide.

## DISCUSSION

The primed dose of nateglinide and glibenclamide in study 1 was determined by the dose-response studies after oral administration of nateglinide and miscellaneous sulphonylureas in fasted dogs.<sup>11,12</sup> There was a linear relationship between maximal decreases in fasting plasma glucose level (%) and doses of respective drugs, wherein  $1 \text{ mg/kg}$  of nateglinide or  $40 \mu\text{g/kg}$  of glibenclamide evoked 15% decreases in the basal glucose level. In study 1, the primed intravenous administration of the same doses of nateglinide and glibenclamide over 5 minutes evoked approximately 30% and 50% reduction in basal plasma levels, and approximately 25% and 35% decreases of basal AUCs of plasma glucose levels, respectively. Therefore, these



doses appeared to be nearly equipotent for hypoglycemic action under our experimental conditions. The plasma drug concentrations peaked at 4 minutes and declined to 30% to 37% of the peak at 30 minutes (Figs 1A and 2A). The peak levels were about 2.5 times of the maximally effective levels of both drugs for insulinotropic action (nateglinide, 30 to 35  $\mu\text{mol/L}$ ; glibenclamide,  $\sim 100$   $\text{nmol/L}$ ).<sup>12,20,21</sup> These levels are in the range of pharmaceutical use.<sup>20,21</sup> In study 2, the primed and continuous doses of glibenclamide were identical to those in the studies of Groop et al<sup>21,22</sup> in humans, and the doses of nateglinide were in accord with the corresponding dose for glibenclamide. As a result, plasma nateglinide and glibenclamide levels reached the maximum at 4 minutes of 28% and 18% of the peak in study 1 and were followed by sustained levels of 15% and 18% of the peak at 30 minutes, respectively (Figs 1A, 2A, 3A, and 4A). It seems that their pharmacokinetics are largely similar.

Nateglinide and glibenclamide provoked the maximal insulin responses of comparable levels under the euglycemic clamp in study 1. However, nateglinide produced an acute increase in the plasma insulin level, whereas glibenclamide resulted in a gradually increasing release even under the similar changes in plasma drug concentrations. The mean early plasma insulin  $\text{AUC}_{(0-30 \text{ minutes})}$  was approximately 6 times of the following  $\text{AUC}_{(30-120 \text{ minutes})}$  after nateglinide administration without clamp, but the ratio was reversed after the administration of glibenclamide. These results indicate that the difference in plasma insulin profile is unlikely to be only a consequence of the pharmacokinetic differences in GI absorption. The time course of the  $\text{K}_{\text{ATP}}$ -channel blocking effect of both drugs has been demonstrated being similar ( $t_{1/2}$ ; 4.1 minutes *v* 4.2 minutes) in rat  $\beta$  cells.<sup>6</sup> As the arterial insulin concentration changed similarly with the portal vein concentration (data not shown), the dynamic changes in plasma insulin is thought to reflect the effect of the drugs on insulin secretion from pancreatic  $\beta$  cells. Together, the considerable difference in the insulin release profiles between the 2 drugs strongly argues that glibenclamide plays a relatively minor role in the interaction with SU-receptors/ $\text{K}_{\text{ATP}}$ -channel on the plasma membrane.

The dissimilarity is particularly predominant in the defect of the acute insulin release by glibenclamide in vivo (Figs 2 and 4). However, when  $\beta$  cells were exposed to the media supplemented with glibenclamide at 1 to 10  $\mu\text{mol/L}$  in the presence of 0.2% to 0.5% albumin in vitro, biphasic insulin release was observed.<sup>17,23,24</sup> It is known that free concentrations of glibenclamide, which is effective on single  $\beta$  cells and islets, is also in the range of the therapeutic plasma concentration of the free drug.<sup>23</sup> Therefore, a plausible explanation of this heterogeneity is that the plasma free concentration of glibenclamide is very low in vivo. The in vitro binding ratio of nateglinide to serum or plasma protein has been reported to be similar to that of glibenclamide<sup>12</sup> or tolbutamide,<sup>25</sup> a rapid insulin secretagogue like nateglinide.<sup>4,23</sup> However, protein binding of tolbutamide, but not glibenclamide, is highly dependent on the total drug concentration in the range of therapeutic doses.<sup>23,26</sup> Tolbutamide and nateglinide, but not glibenclamide, are anionic species, which get more free at higher pH.<sup>26</sup> Binding of glibenclamide, but not tolbutamide, increases markedly with decreasing temperature.<sup>26</sup> These results suggest that consider-

able amounts of nateglinide are free in blood in vivo, whereas most glibenclamide in the extracellular space binds to protein and does not interact directly with SU-receptors on plasma membrane.

With lowering of the primed doses, nateglinide decreased the peak of the plasma insulin level (Figs 1 and 3), whereas glibenclamide slowed down the increase, but eventually raised it to the similar saturating level at 120 minutes (Figs 2 and 4). This result is consistent with the study using a perfusion of mouse islets with the decreasing plasma glibenclamide level.<sup>23</sup> Nateglinide is known to restrict the outer surface of the  $\beta$ -cell plasma membrane,<sup>13</sup> whereas glibenclamide penetrates the cell interior.<sup>15</sup> The diffusion of the drug from intracellular stores into plasma membrane is presumed to be slow.<sup>6,23</sup> These findings lead to the concept that nateglinide is freely accessible to the SU-receptors on the plasma membrane, whereas glibenclamide mostly binds to the intracellular membrane compartments, which would retard the increase of the plasma membrane content of the drug.<sup>15,23</sup> Indeed, rat or mouse islets have been reported to accumulate progressively intracellular glibenclamide in a curvilinear fashion.<sup>14,15</sup> This will lead to the progressive suppression of the  $\text{K}_{\text{ATP}}$ -channel activity or the direct promotion of exocytosis of insulin containing granules.<sup>16,27-31</sup>

The clearance of the drug from blood appears different between nateglinide and glibenclamide. The plasma nateglinide level was lowered to approximately 15% of the peak concentration, while the glibenclamide level remained at approximately 40% of the peak at 120 minutes after the primed administration (Figs 1A and 2A). The  $t_{1/2}$  of nateglinide and glibenclamide was found to be 1.8 and 6.3 hours in fasting dogs, respectively.<sup>5</sup> These findings raise the possibility that the action of glibenclamide is more sustained than nateglinide by lesser excretion of the drug. However, our results do not support that view. The nateglinide-induced insulin release profile was not different when the continuous infusion rate was increased 5 times. The plasma concentration of glibenclamide reflects neither plasma-free drug nor intracellular concentration. Sustained blockage of the  $\text{K}_{\text{ATP}}$  channel has been reported to induce the reinforced inactivation of voltage-gated L-type  $\text{Ca}^{2+}$  channel activity.<sup>32,33</sup>

Nateglinide, but not glibenclamide, potentiated the insulin release under the euglycemic clamp conditions compared with that without the clamp (Figs 1 and 2): the peak and the mean plasma insulin levels increased 2 times and 4 times, respectively. This result suggests that nateglinide, but not glibenclamide, may increase glucose sensitivity of  $\beta$  cells around the basal glucose level. Indeed, it has been reported that nateglinide shifted a half-maximally stimulating plasma glucose level ( $\text{ED}_{50}$ ) for insulin release from 7.2  $\text{mmol/L}$  to 3.8  $\text{mmol/L}$  in vitro,<sup>34</sup> whereas glibenclamide increased insulin responsiveness in the range of plasma glucose from 5 to 10  $\text{mmol/L}$  with comparable  $\text{ED}_{50}$  (10 *v* 8  $\text{mmol/L}$ ).<sup>24</sup> The concentration-response curve of glucose for the  $\text{K}_{\text{ATP}}$ -channel current in  $\beta$  cells showed that their amplitude was highly reduced with increasing concentrations of glucose up to 5  $\text{mmol/L}$ .<sup>6</sup> Together, rapid binding to SU-receptors of nateglinide and increases in ATP/adenine diphosphate (ADP) provided by basal glucose metab-

olism may evoke the synergistic closure of  $K_{ATP}$ -channel activity.

The transformation from slow to rapid insulin release by glibenclamide in the presence of nateglinide (Figs 3C and 4C) trivially contradicts the competitive binding of the 2 drugs to the same receptor sites on the plasma membrane.<sup>3,5,6</sup> However, this discrepancy may be attributed to the different dissociation of these drugs from binding receptors. Nateglinide, but not glibenclamide, dissociated very rapidly from the receptors ( $t_{1/2}$ :  $\sim 1$  second  $v$  2.9 minutes).<sup>6</sup> The effect of nateglinide on the  $K_{ATP}$ -channel was rapidly and completely reversed after the drug was removed, whereas the effect of glibenclamide was longer lasting.<sup>6</sup> Therefore, glibenclamide will take the place of nateglinide on receptors immediately, because the power of displacement of glibenclamide for binding receptors is 380 to 450 times stronger than nateglinide.<sup>3,6</sup> As a result, further closure of  $K_{ATP}$ -channel and/or synergistic stimulation of direct exocytosis by both drugs via some unknown pathways including cyclic adenosine monophosphate (cAMP)<sup>35</sup> or protein kinase C (PKC) activation will accelerate insulin release.<sup>28,29,36</sup> It is also worth noting that the plasma glibenclamide level reached a similar peak rapidly, but decreased very slowly compared with that seen with glibenclamide alone (Figs 2A and 3B). The peak level of plasma insulin was also sustained in contrast to the gradual increase by glibenclamide alone (Figs 2C and 3C). Presumably, the continuous presence of nateglinide interrupts glibenclamide with penetrating plasma membrane and facilitates the interaction with the SU-receptors on the plasma membrane, leading to the rapid onset of insulin release. However, insulin release by the addition of glibenclamide was halved when the continuous infusion rate of nateglinide was increased 5 times. Therefore, the synergistic effect may depend upon the optimal plasma concentration of nateglinide. In contrast, the blockade by glibenclamide of insulin response to added nateglinide (Fig 4C) can be explained by the strong occupation for the receptors on the plasma membrane

and the slow reversibility of  $K_{ATP}$ -channel activity by glibenclamide.<sup>37</sup>

In summary, the current study indicates that there are several differences in the kinetics of insulin release between nateglinide and glibenclamide even under similar kinetic changes in plasma drug levels of the nearly equipotent doses. (1) Nateglinide evoked a rapid and short-lasting insulin release, whereas glibenclamide showed progressively increasing insulin release; (2) with lowering of the primed dose, nateglinide reduced the peak of the insulin level, whereas glibenclamide only slowed down the increase; (3) the sustained plasma level of nateglinide appeared not to affect sustained insulin release; (4) nateglinide, but not glibenclamide, enhanced insulin release under a euglycemic clamp compared with no clamp; and finally (5) glibenclamide, but not nateglinide, induced an immediate and sustained insulin release in the continuous presence of the other. These kinetic changes in insulin release by nateglinide in vivo is consistent with the concept that nateglinide induces rapid and short interaction with SU-receptors/ $K_{ATP}$ -channels on the plasma membrane by the free access from the extracellular space. The remaining difference in the insulin release pattern between the 2 drugs under similar pharmacokinetics suggests the different interaction with SU-receptors/ $K_{ATP}$ -channels of glibenclamide distributed into intracellular membrane. We conclude that the kinetic difference in insulin release between nateglinide and glibenclamide is not only the consequence of the different GI absorption, but also the inherent difference in the interaction of the drugs with pancreatic  $\beta$  cells.

#### ACKNOWLEDGMENT

We gratefully acknowledge Professor D. Owens for careful reading of the manuscript and insightful comments. We would also like to thank Ajinomoto Co, Ltd for providing us with nateglinide and Aventis Pharma, Ltd for providing us with glibenclamide. We also thank K. Goshima for her expert technical assistance and S. Abe for the scrupulous care of the animals. We are also grateful to K. Honjo for linguistic consultation.

#### REFERENCES

1. Kikuchi M: Modulation of insulin secretion in non-insulin-dependent diabetes mellitus by two novel oral hypoglycaemic agents, NN623 and A4166. *Diabet Med* 13:S151-155, 1996
2. Shinkai H, Toi K, Kumashiro I, et al: N-acylphenylalanines and related compounds. A new class of oral hypoglycemic agents. *J Med Chem* 31:2092-2097, 1998
3. Fujita T, Seto Y, Kondo N, et al: Studies on the N-[(trans-4-isopropylcyclohexyl)-carbonyl]-D-phenylalanine (A-4166) receptor in HIT T-15 cells. Displacement of [<sup>3</sup>H] glibenclamide. *Biochem Pharmacol* 52:407-411, 1996
4. Tsukuda K, Sakurada M, Niki I, et al: Insulin secretion from isolated rat islets induced by the novel hypoglycemic agent A-4166, a derivative of D-phenylalanine. *Hormone Metab Res* 30:42-49, 1998
5. Ikenoue T, Akiyoshi M, Fujitani S, et al: Hypoglycaemic and insulinotropic effects of a novel oral antidiabetic agent, (-)-N-[(trans-4-isopropylcyclohexanecarbonyl)-D-phenylalanine (A-4166). *Br J Pharmacol* 120:137-145, 1997
6. Hu S, Wang S, Fanelli B, et al: Pancreatic  $\beta$ -cells  $K_{ATP}$  channel activity and membrane-binding studies with nateglinide: A comparison with sulfonylureas and repaglinide. *J Pharmacol Exp Ther* 293:444-452, 2000
7. Akiyoshi M, Kakei M, Nakazaki M, et al: A new hypoglycemic agent, A-4166, inhibits ATP-sensitive potassium channels in rat pancreatic beta-cells. *Am J Physiol* 268:E185-193, 1995
8. Fujitani S, Yada T: A novel D-phenylalanine-derivative hypoglycemic agent A-4166 increases cytosolic free  $Ca^{2+}$  in rat pancreatic beta-cells by stimulating  $Ca^{2+}$  influx. *Endocrinology* 134:1395-1400, 1994
9. Fujitani S, Ikenoue T, Akiyoshi M, et al: Somatostatin and insulin secretion due to common mechanisms by a new hypoglycemic agent, A-4166, in perfused rat pancreas. *Metabolism* 45:184-189, 1996
10. Seto Y, Fujita H, Dan K, et al: Stimulating activity of A-4166 on insulin release in situ hamster pancreatic perfusion. *Pharmacology* 51:245-253, 1995
11. Sato Y, Nishikawa M, Shinkai H, et al: Possibility of ideal blood glucose control by a new oral hypoglycemic agent, N-[(trans-4-isopropylcyclohexyl)-carbonyl]-D-phenylalanine (A-4166), and its stimulatory effect on insulin secretion in animals. *Diabetes Res Clin Pract* 12:53-59, 1991
12. Ajinomoto Co Inc, Yamanouchi Pharmaceutical Co Ltd, Morishita-Roussel Pharmaceuticals Co: A4166, Investigators' brochure, 1996
13. Malaisse Lagae F, Malaisse WJ: Fate of <sup>3</sup>H- and <sup>14</sup>C-labelled A-4166 in pancreatic islets. *Acta Diabetol* 33:298-300, 1996

14. Hellman B, Sehlin J, Taljedal IB: Glibenclamide is exceptional among hypoglycaemic sulphonylureas in accumulating progressively in beta-cell-rich pancreatic islets. *Acta Endocr* 105:385-390, 1984
15. Carpentier JL, Sawano F, Ravazzola M, et al: Internalization of <sup>3</sup>H-glibenclamide in pancreatic islet cells. *Diabetologia* 29:259-261, 1986
16. Ozanne SE, Guest PC, Hutton JC, et al: Intracellular localization and molecular heterogeneity of the sulphonylurea receptor in insulin-secreting cells. *Diabetologia* 38:277-282, 1995
17. Gorus FK, Schuit FC, Veld PAI, et al: Interaction of sulfonylureas with pancreatic  $\beta$ -cells. *Diabetes* 37:1090-1095, 1988
18. Sato Y, Nishikawa M, Shinkai H, et al: Analysis of enantiomers of a new antidiabetic agent in plasma by high performance liquid chromatography. *J Liquid Chromatogr* 12:445-455, 1989
19. Shinkai S, Nishikawa M, Sato Y: Separation of a new antidiabetic agent N-(trans-4-isopropylcyclo-hexylcarbonyl)-d phenylalanine and its isomers by chiral high-performance liquid chromatography. *J Liquid Chromatogr* 12:457-464, 1989
20. Takiguchi K, Ishihara H, Ohashi Y, et al: Escalating dose study of a novel non-SU agent, A-4166, in type 2 diabetes. *Nihon Univ J Med* 42:31-45, 2000
21. Groop LC, Barzilai N, Ratheiser K, et al: Dose-dependent effects of glyburide on insulin secretion and glucose uptake in humans. *Diabetes Care* 14:724-727, 1991
22. Groop L, Luzi L, Melander A, et al: Different effects of glyburide and glipizide on insulin secretion and hepatic glucose production in normal and NIDDM subjects. *Diabetes* 36:1320-1328, 1987
23. Panten U, Burgfeld J, Goerke F, et al: Control of insulin secretion by sulphonylureas, meglitinide and diazoxide in relation to their binding to the sulfonylurea receptor in pancreatic islets. *Biochem Pharmacol* 38:1217-1229, 1989
24. Joost HG, Hasselblatt A: Insulin release by tolbutamide and glibenclamide. A comparative study on the perfused rat pancreas. *Naunyn Schmiedebergs Arch Pharmacol* 306:185-188, 1979
25. Gerich JE: Oral hypoglycemic agents. *N Engl J Med* 321:1231-1245, 1989
26. Crooks M, Brown KF: The binding of sulphonylureas to serum albumin. *J Pharm Pharmacol* 26:304-311, 1974
27. Flatt PR, Shibier O, Szczowka J, et al: New perspectives on the actions of sulphonylureas and hyperglycaemic sulphonamides on the pancreatic  $\beta$ -cells. *Diabetes Metab* 20:157-162, 1994
28. Eliasson L, Renstrom E, Ammala C, et al: PKC-dependent stimulation of exocytosis by sulfonylureas in pancreatic  $\beta$  cells. *Science* 271:813-815, 1996
29. Barg S, Renström E, Berggren P-O, et al: The stimulatory action of tolbutamide on  $\text{Ca}^{2+}$ -dependent exocytosis in pancreatic  $\beta$  cell is mediated by a 65-kDa mdr-like P-glycoprotein. *Proc Natl Sci USA* 96:5539-5544, 1999
30. Fuhlendorff J, Rorsman P, Kofod H, et al: Stimulation of insulin release by repaglinide and glibenclamide involves both common and distinct processes. *Diabetes* 47:345-351, 1998
31. Tian Y, Johnson G, Ashcroft S: Sulfonylureas enhance exocytosis from pancreatic  $\beta$ -cells by a mechanism that does not involve direct activation of protein kinase C. *Diabetes* 47:1722-1726, 1998
32. Yada T, Kakei M, Tanaka H: Single pancreatic beta-cells from normal rats exhibit an initial decrease and subsequent increase in cytosolic free  $\text{Ca}^{2+}$  in response to glucose. *Cell Calcium* 13:69-76, 1992
33. Henquin J: Tolbutamide stimulation and inhibition of insulin release: Studies of the underlying ionic mechanisms in isolated rat islets. *Diabetologia* 18:151-160, 1980
34. Dunning B: Starlix: A novel insulinotropic agent chemically and pharmacologically distinct from the sulfonylureas. Experts' forum on optimizig control in type 2 diabetes. Key Largo, FL, 1998
35. Ozaki N, Shibasaki T, Kashima Y, et al: cAMP-GEFII is a direct target of cAMP in regulated exocytosis. *Nat Cell Biol* 2:805-811, 2000
36. Bokvist K, Hoy M, Poulsen CR, et al: A4166, but not repaglinide, stimulates  $\text{Ca}^{2+}$ -evoked,  $\text{K}_{\text{ATP}}$ -channel-independent, secretion in rat pancreatic  $\alpha$ - and  $\beta$ -cells. *Diabetologia* 41:543, 1998 (abstr 139)
37. Sturgess NC, Kozlowski RZ, Carrington CA, et al: Effects of sulphonylureas and diazoxide on insulin secretion and nucleotide-sensitive channels in an insulin-secreting cell line. *Br J Pharmacol* 95:83-94, 1988